



APPOINTMENT CHECKLIST

Images throughout are stock images, not real patients.

Managing chronic lymphocytic leukaemia (CLL) is a team effort. You'll be supported by a team of doctors, nurses and other specialists who will help you to manage your treatment.¹

You can use this planner before each appointment to help you make the most of the time you have with your healthcare team.

Tips for your healthcare appointments

It can sometimes be hard finding enough time in each appointment to ask all the questions you would like.¹ It's easy to get nervous or feel overwhelmed.² This can make it harder to remember all your questions or to clearly express how you're feeling.

Don't worry! This is normal. Taking some time to prepare for each appointment can make it a bit easier.

BEFORE THE APPOINTMENT



Write down any questions or concerns you have so you can discuss each one of them. Try to write them in order of priority in case you run out of time¹



Consider asking a friend or family member to go with you for support, and to help you make notes or ask questions¹

DURING THE APPOINTMENT

- **Take a pen and some paper** to make any notes or write down answers¹
- **Be open and honest** – this can help your healthcare team to better understand how you're feeling. No matter how 'silly' you may think your question may be, your healthcare team are experienced and will be able to support you¹
- If you don't understand any of the medical terminology, ask your healthcare professional for further clarity. To make sure you understand, **it can sometimes help to repeat answers back in your own words**¹
- If you run out of time, **ask to make another appointment**. You could also ask for the contact details of a nurse or another member of your healthcare team to call if you have questions between appointments¹



QUESTIONS FOR MY HEALTHCARE TEAM

Don't forget to tick them off after you've had them answered.

Questions I have



Things I want to talk about



Notes

My next appointment



Date:



Time:

If you have any questions about MyCLL, please speak to a member of your healthcare team.

This material is intended for patients who have been prescribed Calquence®▼ (acalabrutinib), which is used for the treatment of adults with chronic lymphocytic leukaemia (CLL). It does not replace the Patient Information Leaflet, which you can find in the carton containing your medicine and which you should read alongside this information. If you have any questions about your treatment, talk to your healthcare team or refer to the Patient Information Leaflet.

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/>. By reporting side effects you can help provide more information on the safety of this medicine.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See <https://yellowcard.mhra.gov.uk/> for how to report side effects.

MyCLL is a patient website, managed and fully funded by AstraZeneca UK. This information does not replace medical advice. If you have any questions, please speak to your healthcare team.

References

1. Macmillan Cancer Support. Talking to your healthcare team [Internet]. Published: 31 July, 2018. Accessed: October 2025.
Available from: <https://www.macmillan.org.uk/cancer-information-and-support/diagnosis/talking-to-your-healthcare-team>.
2. Cancer Research UK. Talking to your doctor [Internet]. Published: 2 November, 2020. Accessed October 2025.
Available from: <https://www.cancerresearchuk.org/talk-to-the-doctor>.